



Gwasanaeth Cynnal Gofalw
Bydd Grŵp rhieni / gofalwyr plant ac
oedolion ag anghenion
ychwanegol yn cael ei gynnal

Bore dydd Mawrth 18 Medi am 10.30
Yn Clwb Rygbi, Dolgellau

*Bydd Cerys Thomas, Gweithiwr Cymorth, Gwasanaeth
Awtistiaeth Integredig yn ymuno â ni i siarad am y gwasanaeth
newydd yma*

Am fwy o wybodaeth ac i gadarhau eich presenoldeb cysylltwch â
Gwyneth Roberts,

Cynnal Gofalwyr ☎ 01248 370797
ebost - help@carersoutreach.org.uk

Croeso cynnes i bawb



Carers Outreach Service

The next Support Group for
parents / carers of children and adults
with additional needs will be held on

Tuesday 18 September at 10.30 at
Dolgellau Rugby Club

*Cerys Thomas, Integrated Autism Service support worker will
be joining us to talk about this new service*

For further information and to confirm your presence please contact
Gwyneth Roberts,

Carers Outreach ☎ 01248 370797
email - help@carersoutreach.org.uk

A warm welcome to all