



# Carers Choir



## Singing for fun and friendship

Carers Outreach Service is starting a 'carers choir' for unpaid carers and their cared for.

All welcome, no singing experience needed.

The sessions will be held every Friday from  
12 January 2018  
1.00 - 3.00 in Bangor

### Join us on Friday 8 December at 1.00 for a free taster session

If you choose to bring the person you care for to the choir sessions, please note that the session is run by a volunteer, and no paid carers can attend.

For more information and confirmation of venue contact our Bangor hub

✉ help@carersoutreach.org.uk

☎ 01248 370797

### Our Conductor is CATRIN (Ekaterina) WRIGHT

Catrin is studying Music at Bangor University to pursue her career in Music Therapy and works as a private vocal coach, piano tutor and runs choir sessions in Leonard Cheshire Disability. Nearly 3 years ago she founded a successful local choir, Choir Teg for people who love singing but without the pressure to perform on stage. Catrin is also a musical co-director for the Llandudno Youth Music Theatre group.



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**Carers Choir taster session 8/12/2017**

To reserve a place, please complete this slip and return by **Monday 27 November, 2017** to Carers Outreach Service, Unit 6, Mentec, Deiniol Road, Bangor, LL57 2UP

Name:.....Phone no:.....

Address:.....

..... Caring for:.....

**Declaration:** I understand that Carers Outreach Service takes no responsibility for personal accident/injury whilst on any event.

Signed (1) .....

Signed (2) .....