



## A half day course for Carers on managing

### “Challenging Behaviour”

Key Training Academy, Station Road, Llanfairfechan, **LL33 0AP**

**Friday, 9 March, 2018, 10.00 – 1.00**

All people whether they have a disability or not can behave in ways, which others find difficult to understand. Sometimes the behaviour is of such intensity, frequency or durations that it limits the carer’s ability to cope/carry on with daily life. This course will deal with resolving conflict verbally and also discuss the use of safe restraining techniques where appropriate.

**Spaces are limited and bookings can only be accepted on receipt of the booking slip below. We will confirm your place before the session.**

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Challenging behaviour session, Friday, 9 March -To reserve a place, please complete this slip and return by **Friday 2 March, 2018**, to Carers Outreach Service, Metropole Basement Offices, Penrhyn Road, Colwyn Bay LL29 8LG

Name:.....Phone no:.....

Address:.....

..... Caring for:.....

**Declaration:** I understand that Carers Outreach Service takes no responsibility for personal accident/injury whilst on any event.

Signed.....