

March - May 2018

Your guide to events, groups and activities for Spring 2018



What's On for carers in Anglesey!

Please contact us to confirm your attendance. We are unable to hold events if we don't have enough people attend.

☎: 01248 370797; ✉: help@carersoutreach.org.uk; 🌐: www.carersoutreach.org.uk

Llangefni

Carers Surgeries

By appointment only with Bethan Morris at our new office, Park Mount, Glanhwfa Road, Llangefni
1.00 - 4.00

Thursday 8 March
Thursday 12 April
Thursday 10 May

Contact Bethan on the number above to book.

Beaumaris

Carers social group

Liverpool Arms, Beaumaris at 10.30

Wednesday 7 March, join us for soup and a sandwich.

Wednesday 4 April, with speaker Helen Scott from Julie Burton Law on Future Planning, e.g. Wills, Power of Attorney, Court of Protection.

Wednesday 2 May, with shoulder, neck and hand massage from Joan George, British Red Cross.

Valley

Carers social group for carers aged 50+

With Bethan Morris

Valley Hotel, Valley at 1.00

Monday 12 March
Monday 9 April
Monday 14 May

A warm welcome to all.

Mona Showground

Integrated Music Festival

Wednesday 28 March,
12.00 midday - 10.00 pm

See booking form for more details

Come to one of our Carers' social groups for a chat and a chance to meet new friends. A warm welcome is assured.

Notices

Are you a part of a group or organisation?

Bethan Morris our Outreach and Development Officer, is able to visit your group on a Monday and Thursday to give a brief talk about our work here at Carers Outreach Service.

This will help us to reach more unpaid carers in the community so that they are able to benefit from our service and get the information and support that they deserve.

Contact Bethan on the number above to request a talk for your group.

Thank you!



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www.carersoutreach.org.uk