

Your Carers Support Groups

Beaumaris Group Liverpool Arms, Beaumaris 10.30	Wednesday	No group until: Gwenda Hughes, Red Cross	6 February
Holyhead Lunch Club Gwelfor Community Centre, Holyhead, 11.45-1.20	Monday	3 course meal = £6.50 Transport available Book your place early	17 December 21 January 18 February
Carers aged 25-50 Penrhos Arms, Llanfairpwll, 12.00	Wednesday	Social lunch	14 December 9 January 13 February

Please note that groups may be subject to change. Please check first ☎ 01248 370797

Christmas lunch

Anglesey: Penrhos Arms, Llanfairpwll on
6 December 12.00 *

*Please phone us for menu and booking form ASAP

Carers' surgery, by appointment only, at our **Llangefni hub**, second Thursday of the month, 1.00-4.00

Carers Rights Day Event Friday 30 November

Llangefni: Information day at Park Mount, Glanhwfa Road, 10.00-1.00

See the flyer for more information.