



**What colour should I wear?
Find out at**

**Capel y Rhos, Llannerch Road East, Rhos on Sea
LL28 4FB**

Thursday 10 January 2019

10.00-12.30

Cost £10.00 each

This workshop will teach you about how wearing colour can boost your mood and have a positive effect on how you look and feel. Learn about body shapes and your own style personalities. I will also teach you how to apply simple daytime make up. A colourful and interactive morning. ~ *Sonia Williams, Confidence in Colour*

Spaces are limited, and bookings can only be accepted on receipt of the booking slip below. We will confirm your place before the session.

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What colour should I wear? – 10 January 2019. To reserve a place, please complete this slip and return, together with cheque for £10, to Carers Outreach Service, Metropole Basement Offices, Penrhyn Road, Colwyn Bay LL29 8LG by 20 December.

Name:.....Phone no:.....

Address:.....

..... Caring for:.....

Declaration: I understand that Carers Outreach Service takes no responsibility for personal accident/injury whilst on any event.

Signed.....