

Carers Outreach Service

is now holding a

Monthly Carers Choir



**2nd Wednesday of
each month
11.00 - 1.00**



at **Mentec, Deiniol Road, Bangor,
LL57 2UP**

**£2 a carer per session includes refreshments
A warm welcome to existing and new members**

Carers can come on their own or bring their cared for person with them at no extra charge if they wish to join in.

With conductor Catrin Wright



This is not a 'performance' choir. Contact us to book your place. Please note, if there is not enough interest shown, sessions may be cancelled.

 01248 370797  help@carersoutreach.org.uk