



Carers Outreach is inviting you to take part in a live escape room with Abergele's Locked-In on

**Friday 10 August at 2.30**

An escape room is an adventure game in which players solve a series of puzzles and riddles using clues, hints and strategy to complete the objectives at hand. We will work together to solve the clues and escape before the time is up.

All players are also invited to join us at Abergele's Bar and Grill restaurant for a pre-adventure meal. We're meeting for lunch at **12.30**

Carers Outreach will be covering the cost for the Locked-in activity, but asks that you purchase your own meal if you are choosing to join us for lunch beforehand.

**\*Limited spaces \*\* Booking Essential\***  
**\*£5 refundable deposit required on booking\***

Please contact Laura on 01248 370797 or email [help@carersoutreach.org.uk](mailto:help@carersoutreach.org.uk) for a booking form.