June - August 2018

Registered charity number 1066262

What's On for carers in Conwy!

Your guide to events, groups and activities for Summer 2018



Visit our website www.carersoutreach.org.uk for more information

Llanrwst

Coffee and chat

11.00 - 12.00, **Eagles Hotel**

Friday 15 June: see Carers

Week information

Friday 20 July

No group in August

Carers only

Pensarn

Coffee Morning

10.00 - 12.00, **St. David's Community Centre, Pensarn**

Wednesday 20 June Wednesday 18 July No group in August

Llandudno

Support group for parents and carers of children and adults with Autism, Aspergers and ADHD

1.00 - 3.00, Canolfan Riviere Learning Disability Day Centre, Riviere Avenue, LL30 1TL

Wednesday 6 June: Makeup tips from Boots the Chemist

Wednesday 4 July Wednesday 1 August

Llanfairfechan Carers Social group

Llanfairfechan Community
Hall

10.00 - 11.30

Thursday 21 June Thursday 19 July No group in August

Join us for a cuppa and cake.

Carers Lunches Thursday 28 June

12.00, The Station Hotel, **Colwyn Bay**

Thursday 26 July 12.00 Craigside Inn.

12.00 Craigside Inn. **Llandudno**

All welcome, booking essential!

Day trip to Liverpool

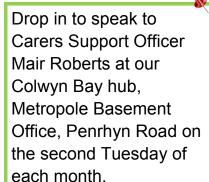
Join us for a day out to the Albert Dock in Liverpool

Thursday 5 July

Booking essential, see flyer

Notices

GWASANAETH CYNNAL GOFALWY



From 10.00 - 12.00

Carers Week

Tuesday 12 June

Join us for a coffee morning at our Colwyn Bay hub, Metropole Basement Office, Penrhyn Road. One of the Carers Officers from Conwy Social Services will join us.10.00-12.00

Friday 15 June

Join us for a coffee morning at Llanrwst library. Helen Parry, Carers Outreach Information Officer will be present to answer benefit queries. 10.00-12.00

Noddfa in Penmaenmawr holds carers' lunches every other Monday.

Price £6.00

2 01492 623473 to book

