

June - August 2018

Registered charity number 1066262

What's On for carers in Conwy!

Your guide to events, groups and activities for Summer 2018

Please contact us to confirm your attendance. We are unable to hold events if we don't have enough people attend. ☎ 01492 533714

Visit our website www.carersoutreach.org.uk for more information

Llanrwst

Coffee and chat

11.00 - 12.00, **Eagles Hotel**

Friday 15 June: see Carers Week information

Friday 20 July

No group in August

Carers only

Pensarn

Coffee Morning

10.00 - 12.00, **St. David's Community Centre, Pensarn**

Wednesday 20 June

Wednesday 18 July

No group in August

Llandudno

Support group for parents and carers of children and adults with Autism, Aspergers and ADHD

1.00 - 3.00, Canolfan Riviere Learning Disability Day Centre, Riviere Avenue, LL30 1TL

Wednesday 6 June: Make-up tips from Boots the Chemist

Wednesday 4 July

Wednesday 1 August

Llanfairfechan

Carers Social group

Llanfairfechan Community Hall

10.00 - 11.30

Thursday 21 June

Thursday 19 July

No group in August

Join us for a cuppa and cake.

Carers only

Carers Lunches

Thursday 28 June

12.00, The Station Hotel, Colwyn Bay

Thursday 26 July

12.00 Craigside Inn, Llandudno

All welcome, booking essential!

Day trip to Liverpool

Join us for a day out to the Albert Dock in Liverpool

Thursday 5 July

Booking essential, see flyer

Notices

Drop in to speak to Carers Support Officer Mair Roberts at our Colwyn Bay hub, Metropole Basement Office, Penrhyn Road on the second Tuesday of each month.

From 10.00 - 12.00

Carers Week

Tuesday 12 June

Join us for a coffee morning at our Colwyn Bay hub, Metropole Basement Office, Penrhyn Road. **One of the Carers Officers from Conwy Social Services will join us.** 10.00-12.00

Friday 15 June

Join us for a coffee morning at Llanrwst library. **Helen Parry, Carers Outreach Information Officer** will be present to answer benefit queries. 10.00-12.00

Noddfa in Penmaenmawr holds carers' lunches every other Monday.

Price £6.00

☎ 01492 623473 to book