



Carers Outreach Service

Walking group



Are you a parent / carer of an adult with learning difficulties (learning disability) or child with additional needs who lives in Gwynedd?

**Carers Outreach will be arranging a walking group on
Tuesday 7 June at 10.30**

Walking together can help us in so many ways.
There's a warm welcome for you if you wish to join us.

To receive more information on the walk or if you prefer to only join us for a cuppa contact:

:01248 370797; : help@carersoutreach.org.uk