

Gwasanaeth Cynnal Gofalwyr
Galw heibio i ofalwyr di-dâl



Ydych chi'n gofalu am rywun?

Croeso cynnes i ofalwyr ddi-dâl gael sgwrs
a phaned gyda gofalwyr eraill.

Croeso cynnes i bawb!

Y dydd Mawrth cyntaf o'r mis
10.30 - 12.00

Swyddfeydd Islawr y Metropole, Ffordd
Penrhyn, Bae Colwyn

☎01492 533714

Carers Outreach Service
Drop-in for unpaid carers



Do you look after someone?

Unpaid carers are invited to a monthly get
together with other carers. Join us for a
cuppa and a chat.

A warm welcome awaits you!

First Tuesday of the month
10.30 - 12.00

The Metropole Basement Offices, Penrhyn
Road, Colwyn Bay

☎01492 533714